

Camp Director Suggestions

All medications need to be in the original container you received from the pharmacy. The medications must be up to date. *Please do not combine medications into one container or transfer them into bags/new containers.*

Bring around \$30 to deposit in the Canteen so your child can buy ice cream and other snacks during free time.

For emergency contacts, list the numbers of someone who does not live in your house, who is easy to reach, and who will know where to find you.

Pack extra blankets for your camper. Although the days are hot at Camp, the nights can get chilly. It's best to be over-prepared!

Each week, some campers experience homesickness. Here are some ways you can help:

- Don't tell your child you will pick them up during the week.
- Pack a favorite stuffed animal or pictures of family, friends, and pets.
- Bring stamped, pre-addressed envelopes to make it easy to write home.
- *Send some mail to your camper a few days before camp starts* so your camper received mail at the beginning of the week. Avoid telling them how much everyone misses them; this will only make them feel more homesick.
- If your child is having a rough time with homesickness, we will give you a call and make a plan together. Help us encourage your child to stay.



Thank you! We're looking forward to a fun and healthy summer together!